

APPROVED: 1/8/25 Wellness Committee Meeting Minutes

Meeting Date: 1/8/25 - 8:00am - District Office

Attendance:

Present: Kristen Dainty, Alex Callaway, Matthew Flusser, Peggy Kelland, Michael McFarland, Gina Nicolari

Absent: Kurt Jesman, John Morgan, Keith Odums, Angie Rooney

Motion to begin: 8:01am (1st Ms. Nicolari; 2nd Mrs. Kelland; all in favor)

Meeting Minutes No quorum - 10/16/24 minutes will be approved at the next meeting.

2025 Survey

Committee discussed the current questions and agreed that the survey questions and timeline are acceptable. Mrs. Nicolari raised the question about increasing survey participation. Comment was made: Don't let small % make the decisions for our community and our kids. Mrs. Dainty will discuss participation and promotion of the surveys at the next principals meeting on 1/15/25. Ideas were discussed: Google Classroom, during PE, school building daily updates, post on WCSD website, social media, marquee announcements. Next meeting to do: provide a list of what we plan to do to advertise and promote the survey.

A suggestion was made about an incentive for students: "I voted" sticker or a raffle.

New question - about meal options - open questions are tough.

Mrs. Kelland noted: Years ago when she was in college, there were few or no choices in meals, but accepted the difficulties of catering to different tastes and appreciated the need to keep costs down. Now the colleges have food stations with many choices, but there are more complaints. Sometimes open-ended requests for menu suggestions just make people more dissatisfied.

The premade salad question - can't force health only promote how to let them know. Manager at each school is key to the process – meeting the clientele's needs and wants and they make a big difference.

Surveys will be updated for the new year and labeled as draft. An additional question will be proposed and added to the draft.

Motion to adjourn: 8:35am 1st Ms. Nicolari; 2nd Mrs. Kelland; all in favor